

Tennessee Homegrown:

Coming Together for Children's Mental Health



September 27-28, 2022

Sonesta Nashville Airport Hotel
Nashville, Tennessee

Sponsored by:



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AGENDA AND EVENT SCHEDULE

Event Website | <https://hopin.com/events/2022-socat-conference>

EVENT SPEAKERS, PANELISTS, AND FACILITATORS

Jennifer Armstrong, LPC-MHSP, Director of Crisis Services and Suicide Prevention, TDMHSAS, Nashville, Tennessee

Melinda Baldwin, PhD, LCSW, Director, Division PTS&SP and Acting Chief, Child, Adolescent, & Family Branch, CMHS, SAMHSA

Katherine Bell, MAMFT, ECMH-E®, Early Childhood Program Director, TN Voices

Melissa Binkley, MS, ECMH-E®, Program Director for the TDMHSAS Regional Intervention Program (RIP), Nashville, TN

Brandon Byrd, MSC, Juvenile Justice Services Coordinator, Juvenile Justice Diversion Reform Program, McNabb Center, Knoxville, TN

Jazmin Camacho, Parent Case Manager, Regional Intervention Program (RIP), University of Memphis, Memphis, TN

Elijah Campbell, Outreach Specialist, Healthy Transitions Team, Metro Nashville, Nashville, Tennessee

Zakeria Clark, Program Supervisor, Erase The Stigma, Mental Health America of the MidSouth

Rob L. Cotterman, Assistant Commissioner, Division of Mental Health Services, TDMHSAS, Nashville, TN

Caty Davis, Assistant Director of School-Based Initiatives, TDMHSAS, Nashville, TN

Lauren Dickson, Miss Tennessee 2022, Lexington, TN

Jennifer Drake-Croft, MSSW, IECMH-E®, Project Director, Infant and Early Childhood Mental Health (IECMH) Technical Assistance Center

Tonya Drewry, LCSW, Director of Early Intervention Services, Carey Counseling Center, Inc, Paris, TN

Kevin Dyson, PhD, Executive Principal, Centennial High School, Nashville, TN

Stephanie Etheridge, Juvenile Court Manager/Statewide Judicial Safe Baby Court Coordinator, Intergovernmental Affairs Division, Tennessee Supreme Court, Administrative Office of the Courts, Nashville, Tennessee

Sabrina Fillers, CYAPSS, Youth/Young Adult Coordinator, TDMHSAS, Nashville, TN

Tabatha Floyd, Prevention Services Coordinator, Violence & Bullying Prevention, Centerstone

Mary Fuchs, Clinical Supervisor, THRIVE Program, Youth Villages

Abigail "Abby" Gartner, Clinical Supervisor, THRIVE Program, Youth Villages

Mykirah Giles, THRIVE Family Specialist, Youth Villages

Neru Gobin, Director, Office of Housing and Homeless Services, TDMHSAS, Nashville, Tennessee

Neta Gross, MA, LPC/MHSP, Regional Coordinator, Project B.A.S.I.C., Frontier Health

Geno Haffner, Parent Case Manager, Regional Intervention Program (RIP), Nashville, TN

Becca Dorobiala Henegar, MA, School Based Behavioral Health Liaison, Volunteer Behavioral Health Care System, Franklin, TN

Ashley Jasinski, MS, Technical Assistance and Expansion Coordinator, TDMHSAS Regional Intervention Program (RIP), Nashville, TN

Twyla King, Director, AWARE-Advancing Wellness and Resilience in Education, Haywood County Schools, Sparta, TN

Terran Landers, MA, Program Coordinator, Healthy Transitions Program, Frontier Health, Greeneville, Tennessee

Danielle Langford, EdD, LPC-MHSP, Director, System of Care Across TN (SOCAT), Office of Children, Young Adults and Families, TDMHSAS, Nashville, Tennessee

Katie Lee, Director of Behavioral Health Safety Net and Older Adults, TDMHSAS, Nashville, Tennessee

Eula Lee-Whitaker, PhD, Lead Family Coordinator, Shelby Connect Network, The Center for Youth Advocacy and Well-Being

Corinne Lewis, LCSW, IMH-E®, AIMHiTN, Clinical Program Coordinator

Mark Liverman, EdD, Director of Wellness and Employment, TDMHSAS, Nashville, Tennessee

Genevieve Madden, Park Center, Nashville, Tennessee

Melissa McGee, Children's Mental Health Advocacy Director, Tennessee Commission on Children & Youth, Nashville, Tennessee

Jasmine Taylor McHaney, MSW, Youth and Family Therapist, JJR Program, TN Voices, Goodlettsville, Tennessee

Jessica Mullins, LMSW, Director, Youth & Young Adult Initiatives, Office of Children, Young Adults, and Families, TDMHSAS, Nashville, Tennessee

Shaun Noblit, Esq., Director of Youth Justice, Tennessee Commission on Children and Youth, Nashville, TN

Justin Owens, SOCAT Community Engagement Specialist, Middle TN Region, Tennessee Voices, Goodlettsville, Tennessee

Nathan Payne, Director, Tennessee Collegiate Recovery Network, TAMHO, Franklin, Tennessee

Lisa Ragan, Director of Consumer Affairs and Peer Recovery Services, TDMHSAS, Nashville, TN

April Scott, MA, IMH-E®, Infant & Early Childhood Program Manager, Centerstone

Benjamin Smith, Writer Mentor, Executive Director, Southern Word, Nashville, TN

Lauri Stoglin, CFSS, Mental Health Cooperative, SOCAT Dekalb, City, State

Heather Taylor Griffith, LCSW, CPC, Consultant & Coach, Heather Taylor Griffith, LLC, Nashville, Tennessee

Keri Virgo, Director, Office of Children, Young Adults, and Families, TDMHSAS, Nashville, Tennessee

Don Walker, MA, Statistical Research Specialist and Lead Evaluator for Systems of Care, TDMHSAS, Nashville, Tennessee

Marie Williams, LCSW (invited), Commissioner, TDMHSAS

EVENT SCHEDULE

September 27, 2022

Event Website | <https://hopin.com/events/2022-socat-conference>

08:00AM–09:00AM CDT Networking and Refreshments

09:00AM–10:30AM CDT Opening General Session

SAMHSA's Child, Youth, and Family Serving Programs; A National Perspective on Youth Mental Health

WELCOME REMARKS & SPEAKER INTRODUCTION

Keri Virgo, Director, Division of Mental Health Services, Office of Children, Young Adults, and Families, TDMHSAS, Nashville, Tennessee

OPENING REMARKS

Rob L. Cotterman, Assistant Commissioner, Division of Mental Health Services, TDMHSAS, Nashville, Tennessee

GUEST SPEAKER

Melinda Baldwin, PhD, LCSW, Director, Division of Prevention, Traumatic Stress, & Special Programs and Acting Chief, Child, Adolescent, & Family Branch, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration (SAMHSA)

The Substance Abuse and Mental Health Services Administration (SAMHSA)'s mission is to reduce the impact of substance abuse and mental illness on America's communities. Within the Division of Prevention, Traumatic Stress, and Special Program (DPTSSP), SAMHSA's mission is fulfilled through child, youth, and family focused services, including a continuum of service delivery systems from prevention and promotion through intensive treatment spanning the developmental spectrum. We will focus on a national overview of children's mental health, a framework for understanding complex service delivery systems, and how that focus can inform the work in TN.

Learning Objectives

At the conclusion of this session, participants will:

1. Understand the challenges facing youth as we emerge from COVID-19
2. Create a common understanding of the youth mental health framework
3. Create a forum for the discussion of the way forward for youth mental health

1.50 Contact/Clock Hours Available

10:30AM—10:45AM CDT..... Networking and Refreshments

10:45AM–11:45AM CDT..... General Session

The Impact of Systems of Care in Tennessee – Past, Present, and Future

OPENING REMARKS AND MODERATOR:

Danielle Langford, EdD, LPC-MHSP, Director, System of Care Across TN (SOCAT), Office of Children, Young Adults and Families, TDMHSAS, Nashville, Tennessee

PANELISTS

Sabrina Fillers, CYAPSS, Youth/Young Adult Coordinator, TDMHSAS, Nashville, TN

Eula Lee-Whittaker, PhD, Lead Family Coordinator, Shelby Connect Network, Center for Youth Advocacy and Well-Being, Memphis, Tennessee

Justin Owens, SOCAT Community Engagement Specialist, Middle TN Region, Tennessee Voices, Goodlettsville, Tennessee

Lauri Stoglin, CFSS, Mental Health Cooperative, SOCAT Dekalb, City, State

Don Walker, MA, Statistical Research Specialist and Lead Evaluator for Systems of Care, TDMHSAS, Nashville, Tennessee

A system of care is a spectrum of effective, community-based services and supports for children and youth with or at risk of mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, to help them function better at home, in school, in the community, and throughout life. The impact of System of Care Across Tennessee’s (SOCAT) core values of being family driven and youth guided, community-based, and culturally and linguistically competent will be discussed across the continuum of time. Participants will have the opportunity to hear from an experienced group of panelists who represent SOCAT’s core values.

Learning Objectives

At the conclusion of this session, participants will have:

1. Acquired an understanding of the TN Certified Family Support Specialist (CFSS) and Certified Young Adult Peer Support Specialist (CYAPSS) programs and their connection with families and young adults;
2. Gained an understanding of the Core Values of the System of Care; and,
3. Obtained a glance of the System of Care across the continuum.

1.00 Contact/Clock Hours Available

11:45AM–12:45PM CDT..... Networking and Lunch Break

OPENING REMARKS AND INTRODUCTIONS

Danielle Langford, EdD, LPC-MHSP, Director, System of Care Across TN (SOCAT), Office of Children, Young Adults and Families, TDMHSAS, Nashville, Tennessee

PRESENTATIONS

Benjamin Smith, Writer Mentor, Executive Director, Southern Word, Nashville, TN

Don't miss the inspiring poetic talents of youth/young adults from Southern Word. Through the literary and performing arts, Southern Word offers creative solutions for youth to build literacy and presentation skills, reconnect to their education and lives, and act as leaders in the improvement of their communities. Southern Word is committed to providing youth, especially in under-served communities, with as many opportunities as possible to develop and publicly present their voices both live and in print, video, audio and digital media.

You won't want to miss these amazing talents. Virtual participants will want to plan ahead and have lunch or a snack ready so that you don't miss a thing.

1.00 Contact/Clock Hours Available

12:45PM–01:45PM CDT **General Session**

The Power of Belonging: The Role of Secure Base Leadership in Organizational Health and Success

OPENING REMARKS AND INTRODUCTIONS

Elizabeth Setty Reeve, Esq, Director of Juvenile Justice Programming, TDMHSAS, Nashville, TN

SPEAKERS

Heather Taylor-Griffith, LCSW, CPC, Consultant & Coach, Heather Taylor Griffth LLC, Nashville, TN

Jennifer Drake-Croft, MSSW, IECMH-E®, Project Director, Infant and Early Childhood Mental Health (IECMH) Technical Assistance Center

The health of an organization directly affects its ability to realize its mission; engage and retain employees; provide quality services and supports; and enhance productivity and outcomes. Research on practices and strategies that support healthy organizational environments have considerable overlap with the philosophies and competencies found within the field of Infant and Early Childhood Mental Health (IECMH), including the role of a secure base. Just as evidence shows the power of secure based attachments in supporting healthy child development, we now understand how secure bases continue to affect our growth and development across the lifespan, even in the workplace. The intention of this presentation is to engage individuals at every level of an organization in understanding the being and doing of secure base leadership and the ripple effect it creates in and beyond the organization.

Learning Objectives

At the conclusion of this session, participants will have:

1. A deeper understanding of how applying the early childhood model of secure bases across the lifespan creates conditions for optimal growth and development;
2. A greater knowledge of characteristics of Secure Base Leadership in the workplace; and,
3. An awareness of the steps to begin applying Secure Base Leadership in practice, leading to healthier children, families, and communities.

1.00 Contact/Clock Hours Available

01:45PM–02:00PM CDT **Networking and Refreshment Break**

02:00PM–03:00PM CDT **General Session**

Strengthening Roots to Branches: Infant and Early Childhood Mental Health Continuum of Care in Tennessee

OPENING REMARKS, INTRODUCTIONS, AND FACILITATION

Melissa Binkley, MS, ECMH-E®, Program Director for the TDMHSAS Regional Intervention Program (RIP), Nashville, TN

Ashley Jasinski, MA, Technical Assistance and Expansion Coordinator, TDMHSAS Regional Intervention Program (RIP), Nashville, TN

PANELISTS

April Scott, MA, IMH-E®, Infant & Early Childhood Program Manager, Centerstone

Corinne Lewis, LCSW, IMH-E®, Clinical Program Coordinator, AIMHiTN

Katherine Bell, MAMFT, ECMH-E®, Early Childhood Program Director, TN Voices

Geno Haffner, Parent Case Manager, Regional Intervention Program (RIP), Nashville, TN

Jazmin Camacho, Parent Case Manager, Regional Intervention Program (RIP), University of Memphis, Memphis, TN

Like branches on a tree, we all grow in different ways and directions, yet our roots remain at the core. To create strength and resilience all the way to the branches of adulthood we need to support our roots, the youngest and most vulnerable population. In this session presenters will discuss Infant and Early Childhood Mental Health (IECMH) and the influence of its continuum of care. Participants will have the opportunity to hear from an experienced group of panelists (ranging from grassroots organization to federally funded direct services) who will identify local Infant and Early Childhood Mental Health programs; answer questions from the audience; and explore what the future holds for Infant and Early Childhood Mental Health in Tennessee.

Learning Objectives:

At the conclusion of this session, participants will have:

1. Defined Infant and Early Childhood Mental Health (IECMH) and its importance;
2. Increased their knowledge of the spectrum of services which forms IECMH continuum of care; and,
3. List of Tennessee IECMH resources and services.

1.00 Contact/Clock Hours Available

03:00PM–03:15PM CDT Networking and Refreshments

03:15PM–04:15PM CDT General Session

Diversion Works: A New Path for Justice-Involved Youth

OPENING REMARKS AND INTRODUCTION

Elizabeth Setty Reeve, Esq., Director of Juvenile Justice Programming, TDMHSAS, Nashville, Tennessee

PANELISTS

Jasmine Taylor McHaney, MSW, Youth and Family Therapist, JJR Program, TN Voices, Goodlettsville, Tennessee

Tonya Drewry, LCSW, Director of Early Intervention Services, Carey Counseling Center, Inc, Paris, TN

Shaun Noblit, Esq., Director of Youth Justice, Tennessee Commission on Children and Youth, Nashville, TN

Brandon Byrd, MSC, Juvenile Justice Services Coordinator, Juvenile Justice Diversion Reform Program, McNabb Center, Knoxville, TN

Stephanie Etheridge, Juvenile Court Manager/Statewide Judicial Safe Baby Court Coordinator, Intergovernmental Affairs Division, Tennessee Supreme Court, Administrative Office of the Courts, Nashville, Tennessee

Mykirah Giles, THRIVE Family Specialist, Youth Villages

Mary Fuchs, Clinical Supervisor, THRIVE Program, Youth Villages

Abigail "Abby" Gartner, Clinical Supervisor, THRIVE Program, Youth Villages

Diversion programs are typically designed to provide youth with experiences that are different from traditional juvenile justice experiences. Community-based services offer an alternative to detention for youth at the earliest stages of involvement in the juvenile justice system. Participants will hear from panelists who will discuss several diversion programs throughout the state designed to keep youth at home in their community.

Learning Objectives

At the conclusion of this session, participants will have:

1. Gained an understanding of juvenile justice diversion programs;
2. Discovered alternatives to detention for youth; and,
3. Explored options for keeping youth at home in their local community.

1.00 Contact/Clock Hours Available

04:15PM–04:30PM CDT

Evaluations and CE Documentation Requests & Adjournment for Day 1

Please take a moment to complete the evaluations and submit your request for documentation of CE clock/contact hours earned during this event. If you plan to attend Day 2, feel free to skip this step and complete your evaluations and request at the conclusion of Day 2.

September 28, 2022

Event Website | <https://hopin.com/events/2022-socat-conference>

08:00AM–09:00AM CDT Networking and Refreshments

09:00AM–10:15AM CDT General Session

Dare to LEAD!

WELCOME AND INTRODUCTIONS

Keri Virgo, Director, Division of Mental Health Services, Office of Children, Young Adults, and Families, TDMHSAS, Nashville, TN

OPENING REMARKS

Marie Williams, LCSW, Commissioner, TDMHSAS, Nashville, TN

GUEST SPEAKER

Kevin Dyson, PhD, Executive Principal, Centennial High School, Nashville, TN

A school that is an active part of a community creates opportunities for growth and empowerment. A community that is active in their schools produces real-world opportunities and awareness. This session will provide insight on the current culture and climate of a secondary high school, and how resources are allocated to help mediate some of the external challenges of the world while trying to provide an exceptional educational environment.

Learning Objectives:

At the conclusion of this session, participants will:

1. Have an understanding why it is important to let go of obstacles that prevent progress;
2. Understand the value of continual evaluation to progress positively;
3. Have an understanding of why being well adjusted and adaptable is important in secondary education; and,
4. Understand the importance of positive family and community involvement and interactions in schools.

1.25 Contact/Clock Hours Available

10:15AM–10:30AM CDT Networking and Refreshments

10:30AM–11:30AM CDT General Session

Meeting Students Where They Are: School-Based Initiatives

OPENING REMARKS, INTRODUCTIONS, AND MODERATOR

Caty Davis, Assistant Director, School-Based Initiatives, Office of Children, Young Adults, and Families, TDMHSAS, Nashville, TN

PANELISTS

Neta Gross, MA, LPC/MHSP, Regional Coordinator, Project B.A.S.I.C., Frontier Health

Zakeria Clark, Program Supervisor, Erase The Stigma, Mental Health America of the MidSouth

Tabatha Floyd, Prevention Services Coordinator, Violence & Bullying Prevention, Centerstone

Becca Dorobiala Henegar, MA, School Based Behavioral Health Liaison, Volunteer Behavioral Health Care System, Franklin, TN

Twyla King, Director, AWARE-Advancing Wellness and Resilience in Education, Haywood County Schools, Sparta, TN

As schools are a natural setting for youth, school-based mental health is a vital part of a school support system. In order to continue Tennessee students' emotional resiliency, we must continue to provide programming and accessibility to resources— right where students are! In this session, presenters will provide an overview of programs within the Office of School-Based Initiatives. Participants will have the opportunity to hear from an experienced group of panelists who work directly with students across the state. Panelists will answer audience questions and explore the future of school-based supports.

Learning Objectives:

At the conclusion of this session, participants will have:

1. Increased their understanding of the importance of mental health supports in schools;
2. Identified how to utilize existing mental health programming in schools; and,
3. Obtained a glimpse into current programming and sustainability from legacy resources.

1.00 Contact/Clock Hours Available

11:30AM–12:30PM CDT Networking and Lunch Break

OPENING REMARKS AND INTRODUCTIONS

Danielle Langford, EdD, LPC-MHSP, Director, System of Care Across TN (SOCAT), Office of Children, Young Adults and Families, TDMHSAS, Nashville, Tennessee

PRESENTATIONS

Caty Davis, Assistant Director, School-Based Initiatives, Office of Children, Young Adults, and Families, TDMHSAS, Nashville, TN
Lauren Dickson, Miss Tennessee 2022, Lexington, TN

She is beauty, she is grace. She is Miss Tennessee! Attendees will hear from our very own Caty Davis, Assistant Director of School-Based Initiatives and former Miss Tennessee 2017, interview the current and reigning Miss Tennessee Lauren Dickson on the importance of children's mental health and what it is like to be a statewide role model.

You won't want to miss these amazing talents. Virtual participants will want to plan ahead and have lunch or a snack ready so that you don't miss a thing.

1.00 Contact/Clock Hours Available

12:30PM–01:30PM CDT General Session

Transitions: Supporting and Empowering Youth and Young Adults

OPENING REMARKS, INTRODUCTIONS, AND MODERATOR

Jessica Mullins, LMSW, Director, Youth & Young Adult Initiatives, Office of Children, Young Adults, and Families, TDMHSAS, Nashville, Tennessee

PANELISTS

Mark Liverman, EdS, Director of Wellness and Employment, TDMHSAS, Nashville, Tennessee

Neru Gobin, Director, TDMHSAS Housing and Homeless Services, TDMHSAS, Nashville, Tennessee

Genevieve Madden, Park Center, Nashville, Tennessee

Nathan Payne, Director, Collegiate Recovery Initiative, TAMHO, Nashville, Tennessee

Terran Landers, Program Coordinator, Healthy Transitions Program, Frontier Health, Greeneville, Tennessee

Elijah Campbell, Outreach Specialist, Healthy Transitions Team, Metro Nashville, Nashville, Tennessee

Youth and young adults are the voices of tomorrow. In order to ensure that they have all the skills they need we must provide an environment that is attune to their unique needs and allows their voice to be heard. This session will discuss several programs throughout the state designed to help support youth and young adults transitioning into adulthood.

Learning Objectives:

At the conclusion of this session, participants will:

1. Have gained an understanding of the unique needs of youth and young adults;
2. Be able to identify the full spectrum of supports for youth and young adults; and,
3. Know what options are available for youth and young adults to begin a career as a peer.

1.00 Contact/Clock Hours Available

01:30PM–01:45PM CDT Networking and Refreshments

01:45PM–02:45PM CDT Closing General Session

Supporting the Life Span of Children and Their Mental Health

OPENING REMARKS AND MODERATOR

Lisa Ragan, Director of Consumer Affairs and Peer Recovery Services, TDMHSAS, Nashville, Tennessee

PANELISTS

Jennifer Armstrong, LPC-MHSP, Director of Crisis Services and Suicide Prevention, TDMHSAS, Nashville, Tennessee

Katie Lee, Director of Behavioral Health Safety Net, TDMHSAS, Nashville, Tennessee

Melissa McGee, Children's Mental Health Advocacy Director, Tennessee Commission on Children & Youth, Nashville, Tennessee

Throughout our lives our environment and experiences shape who we will become. Our access to resources and an understanding of our environment can help us succeed in the present and prepare for the future. This session will provide us a glimpse into the world of Adverse Childhood Experiences (ACE's) and how environmental factors can help or hinder our growth throughout the lifespan. Panelists will discuss education and awareness occurring within the state and the services and supports that will assist families in their most difficult times and assist them in ensuring they do not lose their access to care.

Learning Objectives:

At the conclusion of this session, participants will:

1. Have an understanding of Adverse Childhood Experiences (ACE's) and the factors affecting long-term health and wellness;
2. Be able to identify crisis and suicide prevention services in Tennessee; and,
3. Be able to describe the Behavioral Health Safety Net.

1.00 Contact/Clock Hours Available

02:45PM–03:00PM CDT Adjournment / Evaluations / Request for CE Documentation

Evaluation Packet and Request for CE Documentation

Please complete session evaluation forms at the end of the conference. All forms are compiled in a single online survey instrument accessible at <https://www.surveymonkey.com/r/SOCAT2022> or by using the QR code provided to the right.

For individuals interested in securing documentation of contact/clock hours earned, immediately following the evaluation forms, you will have access to a request for documentation of hours earned. Within 4-6 weeks of submission of your request, a certificate will be processed and emailed to the email address provided.

